



# Institute of Applied Energetics



WELCOME TO THE WORLD OF SUBTLE ENERGY

6370 LBJ Frwy, Suite 273, Dallas, TX 75240 (972) 475-3393 [AppliedEnergeticsInstitute.com](http://AppliedEnergeticsInstitute.com)

## Certification Training Programs

Are you sensitive to energy? Want to explore the world beyond the five senses? Looking for a new career as an alternative health care practitioner? Then the Medical Intuition & Energy Medicine Training Program may be right for you.

Medical Intuition, Intuitive Counseling and Energy Medicine are among the most exciting and rewarding career choices available today. As medical costs continue to rise and people become increasingly aware of the risks associated with chemical and surgical treatments, they are seeking out alternative ways of addressing their health concerns. This puts Medical Intuitives, Intuitive Counselors and Energy Medicine Practitioners in great demand.

The fields of Medical Intuition, Intuitive Counseling and Energy Medicine is for anyone interested in exploring the principles of alternative health, healing and the disease process. It is for people who want to learn more about why people get sick and how to help individuals identify the mental, emotional or spiritual issues that manifest themselves as physical discomfort or disease. It is also for individuals interested in finding out more about the energetic systems in the body, how to work with them and how to transform energetic imbalances into patterns of health and wellness.

Our Medical Intuition, Intuitive Counseling and Energy Medicine Training Program is specifically designed for those interested in pursuing a professional career in alternative health as a medical intuitive, intuitive counselor or energy medicine practitioner. It is also recommended for those who are interested in integrating their advanced intuitive skills into their existing career or profession.

Students who take these courses for their own healing and personal growth discover great improvements in their self awareness, decision making, personal relationships, business or career. In fact, students see improvement in all aspects of their lives.

So, if you are sensitive to energy, want to explore the world beyond the five senses or want to understand the energetic systems that lie behind physical, emotional and mental health, then the Medical Intuition, Intuitive Counseling or Energy Medicine Training Program may be right for you. Be a catalyst for changing the way health care is done around the world.

**No Experience Is Required!**

# About The Program

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The Institute of Applied Energetics offers professional-level career training courses to adult students who prefer the flexibility and convenience of self-paced study program and a convenient alternative to campus-based education. Through distance learning, it provides motivated students the freedom and the tools to learn, at a cost far below the rates offered by residential programs.

## **Our programs allow students to:**

- Create their own learning environment.
- Study at their own pace. They don't have to rearrange their life to take our courses. Instead, they learn on their own schedule, at a pace that makes sense to them.
- Practical, hands-on techniques and procedures fill every lesson. By graduation, you'll be ready to compete in the "real" world.

The truth is, some students are simply too busy with work and family commitments to go back to school. Our flexible learning format works within your own schedule. You can complete all requirements for graduation in the privacy and convenience of your own home, without disrupting your professional and personal life.

Instead of specific enrollment periods, you may enroll at any time and progress at your own pace, moving as quickly or as slowly as your life will allow. The unique, nature of our programs makes it possible to offer lower tuition than traditional residential schools, universities and similar training programs.

In taking the training offered by IAE, students need to be self-disciplined and self-directed and must be able to work without the structure of a formal classroom.

Each training module contains all the materials you will need to successfully complete your educational goals.

## **Tuition Includes:**

- Text Books
- Training Manuals
- Tools, Supplies & Client Forms
- Audio and Video Demonstrations
- Ongoing Training & Student Support
- Client Education & Marketing Materials.
- Administrative Services
- Application Processing
- Exam Grading
- Embossed certificate upon completion of all requirements.

# Program Overview

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The Institute Of Applied Energetics offers over 250 curriculum hours of specific program training. It is broken down into five distinct levels of personal and professional development. Our program provides the best combination of theoretical knowledge, hands-on training and practical experience to ensure practitioner competency.

Our comprehensive curriculum provides students with a deep understanding of how to detect, evaluate and transform the subtle energy systems within the body. It teaches students practical methods for pinpointing illness and imbalances and details how these imbalances affect the body's ability to function properly. It also provides specific techniques for working with subtle energy and correcting energetic imbalances that may underscore a person's ability to experience radiant health.

*This self-paced training program can be done from the comfort of your own home.*

Our training is broken down into five distinct phases of instruction. Each level acts as a prerequisite for the next phase of training. Successful completion of one training level qualifies participants for admission into the next level of training.

## Training levels include:

- **Introduction To Intuition & Energy Medicine**  
Introduction to Intuition and Subtle Energy is our introductory course and provides students with a framework for intuitive development and serves as a prerequisite for the more advanced levels of training.
- **Energy Medicine Practitioner**  
In the Energy Medicine Practitioner training, students will delve deeply into the world of energy work and energy medicine and learn how to work with a variety of healing methods.
- **Advanced Energy Medicine Practitioner**  
In the Advanced Energy Medicine Practitioner, training students will learn how to assess the subtle body and become more proficient in their use of subtle energy as a means of healing.
- **Intuitive Counseling**  
Intuitive counseling is the focus of this module. Here students will experience how they can easily and effortlessly tap into their spiritual guidance as they learn to perform a variety of intuitive readings.
- **Medical Intuition**  
The Medical Intuitive training supports students as they look deeper into the body. Here they will learn to assess and evaluate illness and dysfunction in the physical, mental and emotional bodies.

For one low cost, students will receive all of the materials they will need to successfully complete each training level. This includes all of the lesson plans, books, CD's or videos required to achieve their educational goals.

In addition, students will be able to participate in a free monthly interactive training session. Hosted by Dr. Rita Louise, these inspiring teleconferences are designed to support students in their studies by providing them with an opportunity to ask questions, share experiences and receive additional training tips and techniques.

# Introduction To Medical Intuition & Energy Medicine

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Introduction to Medical Intuition & Energy Medicine focuses on you. This course will guide students on an exploration of their intuitive nature. It is designed to help open the door to their intuition. It is also designed to teach students core concepts they will be using over and over again as they begin working on intuitive and energy healing levels.

In this training level, students will learn specific information on how to recognize, interact with and manipulate their subtle energy, how to open and clear energetic structures and how to tap into universal information. Through this, they will learn to recognize themselves as an energetic beings and begin the process of opening themselves up to their own intuitive guidance.

In this course, students will learn how to create, examine and modify energetic structures such as the aura, chakras and energy channels that will help them grow personally and professionally. They will be taught ways in which to evaluate themselves energetically as well as specific tools that will promote physical, mental, emotional and spiritual healing.

These techniques form the foundation for further learning and are critical to your overall success.

## **Areas of focus include:**

- Opening Yourself Up to Your Spiritual Guidance
- Anatomy of the Subtle Body
- The Intuitive Experience
- Accessing Your Intuitive Information
- Intent, Intentions and Energetic Tools
- Experiencing The Chakras
- Working With the Aura
- Running and Releasing Energy
- Beginning Healing & Energy Work
- Creating a Safe Working Environment

Introduction To Medical Intuition & Energy Medicine is our preparatory course that provides students with a solid framework as they continue to explore the realm of intuition and energy medicine.

It is a prerequisite for the more advanced levels of training.

This twelve lesson training module contains all the materials you will need to successfully complete your educational goals, including:

- 119 Page - Training Manual
- 3 - Specially Selected Text Books
- 10 - Instructional Audio and/or Video Presentations
- 1 - Course Outline/Assignment Checklist

# Course Descriptions

## **Spiritual Growth I - Opening To Spiritual Guidance**

All of us have had moments when we have suddenly become aware of answers or solutions that were invisible to us before. This course will instruct students how to tap into universal information and assist them in opening themselves up to their spiritual guidance. It provides tools for personal transformation and helps to accelerate the student's personal evolution and self growth.

## **Spiritual Growth II - Opening To Intuition**

We all receive "telepathic" information all of the time. In Part II of this course, students will learn how to bring the unconscious into consciousness. They will find out how to recognize and control the messages they pick up. In addition, they will discover how to recognize the energy around them, tune into other's energy and explore simple techniques to assist in healing themselves and others.

## **Working On Intuitive And Energetic Levels**

We all have intuitive experiences daily, but many of us don't recognize them for what they are. Understanding the makeup of the intuitive experience is paramount to developing intuition. This course will help students become familiar with the look and feel of intuition and discover how they may already be having intuitive experiences.

## **The Intuitive Experience: 2 hours**

The intuitive experience is often described as a gut feeling or an impression we receive. In this course, we will explore the different ways we are always receiving intuitive information and the importance of personal awareness as a means to tap into this mysterious phenomenon.

## **Concepts In Intuition & Energy Medicine**

Intuition is a direct knowing of something without the conscious use of reasoning. It is a natural gift, something to which we all have access. It is also a talent, something we can fine tune with practice. This course will introduce you to the basic concepts, terms and vocabulary used when working on intuitive levels. Topics covered include the 4 types of intuitive abilities, an introduction to the energy body and exercises to help you to begin to explore the realm of intuition and energy medicine.

## **Intent, Intentions And Energetic Tools**

When we think of tools, we often think of hammers, saws, screwdrivers and nails. As any carpenter will tell you, having the right tool for the right job is important. The same is true when working on intuitive and energetic levels. In this course students will explore the concept energetic tools and the role intentions play in the healing process.

## **Your Inner Viewer**

When we recall a memory, reflect or imagine we see these images on our Inner Viewer in our mind's eye. It is also through the workings of our mind's eye that we access information on clairvoyant levels. Becoming familiar with our Inner Viewer is an easy way to begin tapping into our intuitive information.

## **Techniques In Grounding**

Over the years, many people have heard or used the term grounded or grounding. Grounding is the process of removing excess "charge" from an object by means of transferring the energy between it and another object of substantial size. In this course students will examine, experience and practice grounding as an energetic tool, which facilitates the movement and releasing of subtle energy from the body.

## **Creating Your Sacred Space**

Your Sacred Space is the place where we can reconnect with ourselves and spirit. It is a place where we can find inner peace and healing. It is somewhere we can go during times of stress to let go of all that concerns us. In this course, students will learn to create and clear this space, and discover the calming and relaxing effect it has on the body.

### **Experiencing The Chakras**

The chakras are energy centers within the subtle body that send, receive and assimilate information from the world around us. The functioning of the chakras is critical to our sustained health and well being. Here, students will be introduced to the function, location and abilities of the seven major chakras. In addition, they will find out how to evaluate and clear their own chakras.

### **Working With The Aura**

An aura is the energy field that surrounds any living thing and is unseen to the naked eye. Often it is referred to as our personal space. In this course students will become acquainted with the look, feel and function their aura. They will learn how to consciously control its size and shape to facilitate energy movement and healing.

### **Running Life Force Energy**

We are all filled with life force energy. This energy flows through our bodies making us feel alive and vibrant. We have all experienced this feeling after exercising or dancing, sitting on the beach or listening to a favorite piece of music. In the following course, students will learn how to run energy through the major energy channels that flow through the body.

### **Healing And Energy Work**

In energy medicine, energy is the medicine. In this course, students will have the opportunity to use energy medicine techniques to bring health, healing and wholeness into their lives. Through the use of specific techniques, they will learn how to clear stagnant energy from their subtle bodies.

### **Creating A Safe Working Environment**

Having a safe and effective place to work is always important. By working with the energy in our environment, we can reduce the amount of resistance we are experiencing. This can help facilitate any and all of our intuitive and healing work. In this course, students will learn how to influence the energy of a room or physical location to enhance their work.

### **Wrapping It Up: 3 hours**

A review of materials covered in the Introduction to Medical Intuition & Energy Medicine Training Module. *(This course is required of anyone pursuing training certification.)*

# Associate Energy Medicine Practitioner

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Healing through the use of energy medicine techniques happens when the movement of subtle energy is restored to the affected parts of the energy field. Said in another way, healing via energy medicine straightens, strengthens and heals energy pathways thus allowing our life force to flow again. This supports increased health and healing to the body.

In the last module, *Introduction To Medical Intuition & Energy Medicine*, students focused on themselves, and where they became acquainted with their own subtle energy. In this module, the focus shifts from working on, experiencing and healing ourselves, to working on and healing others. Here students will become proficient in their ability to use their hands to tune into and feel the energy of others. They will learn how to detect the feeling of stagnant energy within the body and find out how to break up energy blockages in their client's subtle body.

To do this, they will explore a number of healing modalities, each of which will help facilitate energy movement in the physical body, the aura, chakras and energy channels. These in-depth techniques will help restore health, healing and wholeness in their clients' lives.

## Areas of focus include:

- The Energetic Nature of Disease
- Preparation for a Healing Session
- Advanced Self-healing Methods
- An In depth Look at the Chakra
- Interacting with a Client during a Healing Session
- Working with your Healing Guide
- Healing the Energetic Body
- Lumps, Bumps, Dents, Whacks and Holes
- Energetic Cords
- Techniques in Hands-on Energy Work
- Character Structures & Defense Mechanism
- Healing with Gems, Crystals & Color

This course is open to anyone who has successfully completed *Introduction To Medical Intuition & Energy Medicine*.

This training module contains all the materials you will need to successfully complete your educational goals, including:

- 13 - Intensive Training Lessons
- 135 Page - Training Manual
- 3 - Specially Selected Text Books
- 6 - Instructional Audio and/or Video Presentations
- 1 – Crystal Healing Kit
- 1 – Color Therapy Card Set
- 1 - Course Outline/Assignment Checklist

# Course Descriptions

## **Principals Of Healing**

We are each filled with universal life force energy. It is the essence of our being, our consciousness, our soul. When it is flowing freely, health prevails. When the flow of our life force energy is low, becomes restricted, disrupted or diminished in its movement, we experience “dis-ease”. In this course we will discuss the philosophy of disease manifestation and how energy medicine and vibrational healing is used to restore health.

## **The Art Of Healing**

Healing energy in its many forms has been used by cultures around the world since the beginning of time to restore health and healing, physically, mentally, emotionally and spiritually. In this course, students will explore the ancient art of healing and the nature of healing energy. They will also become familiar with techniques for sensing energy, clearing energy blockages and balancing the chakras.

## **Preparing For A Healing Session**

When doing any kind of energy work it is important to create the right kind of mood to facilitate the releasing of blocked or stagnant energy. Here, students will learn how to prepare themselves and their clients for a healing session. They will also explore ways of creating a nurturing and caring environment that will enhance the healing experience.

## **Developing A Spiritual Business I**

Whether your goal is to find work as an Energy Medicine Practitioner, Intuitive Counselor or Medical Intuitive the satisfaction of having a business of your own is always rewarding. There is nothing better than the knowledge that you are creating your own future and actively determining the path your life is taking. In this course, students will focus on some ideas, concepts and energies should be considered before ever paying for an advertisement or performing a professional healing session.

## **Healing The Aura**

In the *Introduction To Medical Intuition & Energy Medicine* module, students learned how to clear their own aura. Here, students will be taking the concepts explored in the earlier lesson one step further. In *Healing The Aura*, students will learn how to clear and energize the aura of others. They will also explore issues of the aura including lumps, bumps, dents, whacks and holes.

## **Techniques In Energy Medicine I**

Since the earliest of times, the laying on of hands has been used to help restore individuals to a state of health and harmony - physically, mentally, emotionally and spiritually. Students will begin to explore the world of energy medicine by learning simple techniques and procedures for the laying on of hands as a means of healing.

## **Understanding the Chakras**

Inside every human being there is a network of nerves and sensory organs that interprets the outside physical world. At the same time, within us resides a subtle system of centers of energy or chakras which look after our physical, intellectual, emotional and spiritual being. This course will provide the student with a solid understanding of the role and function of the chakras as they work begin to understand the relationship between their consciousness and their body.

## **Connecting With Your Spiritual Guides**

Spirit Guides are human souls who have incarnated on earth many times and have chosen to work with us here on earth. They function to guide, teach and enlighten us in our spiritual growth. Our guides are here to help heal our issues and restore balance. In this course students will have the opportunity to meet their Healing Guide and learn to utilize him or her to perform Aura/Chakra Clearings.

## **Theories in Energy Medicine**

In this course, students will venture on an in-depth study of the body's subtle systems both historically and theoretically. They will also learn about its relationship to the healing process both psychologically and physically. Additional topics include an introduction character structures and defense mechanisms.

**Assessing The Body**

In *Techniques in Energy Medicine I*, students learned specific procedures for the laying on of hands as a means of healing. In this lesson, students will learn how to assess the health of the subtle body clairsentiently. Here they will be combine a variety of techniques into a congruent whole as they begin to tune into the ways in which their client's body is communicating to them.

**Chromotherapy: Using Color To Promote Healing**

Chromotherapy or color therapy uses light and color to bring about a state of health and healing in the body. Everyone knows how good it feels to take a walk out in nature. As we breathe in fresh air, the sun recharges our "batteries" leaving us feeling alive and refreshed. This course provides students with an introduction to color and color therapy, its history and many uses.

**Crystal Therapy: The Art Of Placement**

Crystal Therapy works directly with the light, color, beauty of the mineral kingdom to help restore balance to the physical and non-physical bodies. In this lesson, students will explore the use of crystals as a therapeutic tool. They will cover information such as how to select and maintain crystals and how to perform a variety of crystal healings.

**Creating A Style All Your Own**

To complete this level of training, students will be putting all of the techniques they have learned together to create a style all their own. Here, they can explore what it is like to use colors and color therapy as part of an aura/chakra clearing. They can try to clear the seven layers of a client's aura while working with them on a treatment table. The goal of this lesson is to begin tailoring individual healing sessions to meet their client's specific needs.

# Certified Energy Medicine Practitioner

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Are you ready to have your training and your private practice take a huge leap? When you start to perform healings on clairvoyant levels, it can do just that.

In this training module, students will explore how to look at and work with energy on an even deeper level of healing than they have before. In Module II, they explored how to clear the subtle body by utilizing their clairsentience to locate stagnant energy and free it from the aura, chakras and energy channels.

Here they will learn how to utilize this dynamic healing modality to envision and pinpoint energetic disturbances in the body. They will also explore a non-touch healing technique to restore the natural harmony and flow of subtle energy in energetic systems that may be out of balance.

The ability to intuitively evaluate energy in the body in combination with the ability to clear it is what will set you apart as an energy medicine practitioner. The techniques covered in this section will allow students to become proficient in their ability to specifically pinpoint where subtle energy is trapped in the body and watch as their client's release it.

## Areas of focus include:

- Evaluating the Subtle Body Intuitively
- Concepts in Energy Medicine
- Techniques in Advanced Energy Healing
- Advanced Aura and Chakra Clearing
- Energetic Protection
- Philosophy of Healing
- The Meridians, Triple Warmer & Strange Flows
- Long Distance Healing Methods
- Deprogramming Trapped Life Patterns
- Identifying Personal & Professional Blocks
- Developing a Spiritual Business

This course is open to anyone who has successfully completed the [Energy Medicine Practitioner](#) training.

This training module contains all the materials you will need to successfully complete your educational goals, including:

- 12 - Intensive Training Lessons
- 120 Page - Training Manual
- 4 - Specially Selected Text Books
- 4 - Instructional Audio and/or Video Presentations
- 3 – Souvenir Client Data Forms
- 1 - Course Outline/Assignment Checklist

# Course Descriptions

## **Philosophy Of Healing**

In medical science, the first law of healing is to “remove the cause”. While medical doctors look to the tissues of the body for the cause and the cure, perhaps the cause lies far deeper in the intricate and complex activities of the human psyche. In this course, students will explore and gain a clear understanding of the universal forces that influence health and disease in the human body.

## **Legal Guidelines For The Healing Arts Practitioner**

For more than a century, each State has exercised their power to protect public health and safety by regulating the practice of certain professions. These requirements vary State by State, thus making it important to know and understand your legal standing, especially in the State you are planning to own and operate your business. This course explores the legal options surrounding work as an energy medicine practitioner, intuitive counselor or medical intuitive.

## **Developing A Spiritual Business II**

Simply stated, marketing is everything you do to place your product or service in the hands of potential customers. In this course, students will learn about the importance of promotion and how to market and advertise their Healing Arts Practice. Topics included in this course are the difference between advertising and marketing, marketing on a shoestring budget, and how to make your advertising dollars work for you.

## **Mastering The Secret Laws Of Success**

When working in accordance with the secret laws of success, individuals quickly find out that all riches begin with a positive state of mind. This course is designed to help students learn the art of changing their inner programming from a failure consciousness to one of success. Students will discover a system of self-analysis that will help them to uncover what has been standing between them and victory.

## **Advanced Concepts In Energy Medicine**

Energy Medicine is based on the premise that the human body is composed of various energy fields. Based on this premise, it implies that people become ill when those fields become blocked, out of balance or otherwise disturbed. In this course, students will discover techniques for transforming subtle energy within multiple body systems including, the chakras, meridians, the acupuncture points, the triple warmer and strange flows.

## **Alternative Healing Methods**

Alternative Healing Methods is a survey course, where students will explore additional safe and effective systems of healing that can assist the body's efforts in repairing itself physically, mentally and emotionally. Areas of in-depth investigation include areas such as breathwork, bio-feedback, flower essences, polarity therapy and sound therapy.

## **Measuring Subtle Energy: Working With Gauges**

A gauge is a general term for any instrument that measures or tests the dimension, quantity or capacity of an item. They can be used to evaluate or form a judgment about something, including someone's behavior, feelings or abilities. In this course, students will learn how to utilize gauges to answer questions and evaluate the subtle body.

## **Energetic Protection: Creating & Maintaining Healthy Boundaries**

Whether personally or professionally speaking, boundaries are important in order to have healthy relationships. In this course, students will learn how to identify, create and maintain boundaries in their personal lives, both consciously and energetically. They will discover what healthy boundaries are, how to identify when their boundaries get crossed, and how to protect their energetic space.

## **Deprogramming**

Conditioning describes any involuntary or automatic response to a stimulus. It is believed that all of our likes, dislikes, preferences and biases which serve to define our personality are developed this way. Deprogramming is a technique that can be utilized to identify where specific conditioning rests in the body and clear it from the physical, emotional and spiritual bodies.

### **Evaluating The Subtle Body**

In Evaluating The Subtle Body, students will explore in detail the different components that make up the subtle body including the aura, chakras and energy channels. Here students will survey irregularities that can commonly be found in these structures when viewed clairvoyantly, and the effect they have on the human psyche. They will also discover methods for performing a full body subtle energy evaluation.

### **Healing On Clairvoyant Levels**

Clairvoyance or second sight is the ability to see objects or gain information regardless of its distance. In this course, students will discover the power of Clairvoyant Healing. Here they will learn how to utilize this dynamic healing modality to envision and pinpoint energetic disturbances in the body. They will also explore a non-touch healing technique to restore the natural harmony and flow of subtle energy in energetic systems that may be out of balance.

### **Long Distance Healing**

Whether it makes sense to our conscious mind or not, long distance healing is reported to provide effective results. Healing at a distance has been found to be a viable alternative to visiting a healer in their office to be worked on. In this course, students will learn how to perform energy work at a distance, be it in the next room, across the country, or even on a different continent.

### **Professional Certification - Energy Medicine Practitioner**

Professional Certification verifies mastery of a specific set of knowledge, skills or abilities. It indicates that the individual is qualified to perform a job. In this lesson, students will have to opportunity to demonstrate their ability to work with and evaluate subtle energy in the body.

# Certified Intuitive Counselor

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In the Intuitive Counseling Practitioner training program our focus will be sifting from working on health and healing levels to exploring the mental, emotional and spiritual issues that can interfere with our client's ability to be at peace and experience wholeness in their lives.

Earlier in this training program, we investigated how to work with energy, where we learned how to look at, evaluate, and manipulate it. In this unit, we will be taking these concepts one step further, where we will be asking one of the most important questions: "Why?"

Now, students will have the opportunity to uncover, explore, and transform the persistent problems their clients may be experiencing intuitively through the use of a number of different reading techniques, including reading the aura, meridians, past lives, tarot cards and remote viewing.

By tapping into their inner wisdom, they will learn how to bring information from the unconscious into consciousness. They will find out how to recognize and validate the messages they are picking up and discover how easily and effortlessly they can tap into their spiritual guidance while performing intuitive counseling sessions.

## Areas of focus include:

- Evaluating the dynamics in a relationship
- Beliefs, Emotions & the Mind/Body Connection
- Tapping into past lives
- Assessing information stored in the aura
- The Importance of Questions
- Tarot & Divination
- Palm Reading
- Getting to the Core of an Issue
- Techniques in Counseling
- Developing a Spiritual Business
- Professional Boundaries
- Remote Viewing

This course is open to anyone who has successfully completed the *Advanced Energy Medicine Practitioner* training.

This training module contains all the materials you will need to successfully complete your educational goals, including:

- 13 - Intensive Training Lessons
- 125 Page - Training Manual
- 4 - Specially Selected Text Books
- 7 - Instructional Audio and/or Video Presentations
- 1 – Full Sized Tarot Deck
- 4 – Souvenir Client Data Forms
- 1 - Course Outline/Assignment Checklist

# Course Descriptions

## **Establishing Professional Boundaries**

In any business, there are a number of items that should be considered in advance, so if a situation presents itself, you will have already planned for it or created a policy regarding it. By establishing an operating policy, you will be able to let your clients know what you expect from them. It also creates a clearly defined boundary – a professional boundary.

## **Subtle Energy & Emotion**

Traumas that happen as a child develops can greatly influence his or her behaviors and self-perception as an adult and can affect their ability to create healthy, lasting relationships. By learning to identify patterns of blocked self-expression in the body, students will develop a clearer understanding of the various personality types and their corresponding energetic imbalances.

## **The Mind/Body Connection**

The concept of subtle energy has been around since the most ancient of times. The movement of this energy through the body is believed to have a direct effect upon our state of health and well-being. In this course, students will discover the relationship between their thoughts and emotions, the movement of subtle energy in the body, and the manifestation of dis-ease.

## **Accessing Beliefs & Emotions**

Our beliefs and emotions are intangible aspects of ourselves. They lack form and substance in the same way an organ, a bone or even a chakra has form and substance. In this lesson, students will explore how to access the beliefs and emotions that are stored in the mental and astral bodies, as well as develop an emotional vocabulary to use in their intuitive counseling sessions.

## **Developing A Spiritual Business III**

In *Developing A Spiritual Business II*, students learned about the importance of promotion and how to market and advertise their Healing Arts Practice. In this hands-on course, students will have the opportunity to define and refine their business even further by designing a business card, a one-page flyer or tri-fold brochure, and a print ad to support their new healing arts practice.

## **Remote Viewing**

First developed by the government in the 1970's, Remote Viewing is a data collection skill, where the viewer gathers information about things and events that lie outside his or her normal awareness, intellect and five senses. In this lesson, students will learn specific strategies for providing information about a place, object, person or activity without any prior knowledge of the "target" or item they are exploring.

## **Divination: Experiencing The Tarot**

The term "Tarot" is applied to a deck of seventy-eight cards that can be used for spiritual exploration, practical problem solving, creative visualization, meditation and self-improvement. The tarot, however, is most popularly known as a tool of divination and fortune telling. In this course, students will learn how to perform tarot readings for clients, where they will discover how to utilize these cards as a tool to gain insights into their clients' lives.

## **Subtle Energy Assessment II**

In the last module, students learned how to evaluate the subtle body including the aura, chakras and energy channels. In this lesson, in addition to looking at the energetic structures within the body, participants will learn how to open themselves up to exploring mental and emotional implications that underscore energetic disturbances in the body, causing them to manifest.

## **Looking At Issues In The Aura**

The aura is a reservoir of information that can be accessed intuitively. It records all our life experiences, our thoughts and feelings; and, like a mirror, it reflects our current physical, mental, emotional, and spiritual health. By learning to read the aura, students will find out how to tap into the wealth of information we carry around with us daily.

### **The Meridians & Emotions**

The meridians are the invisible channels which circulate qi, or life force energy, throughout the body. In Chinese medicine it is said that the meridians mirror the nature of the human experience. In this lesson, students will focus on the mental and emotional manifestation or implication of disorders in the meridians.

### **Evaluating Relationship Dynamics**

Humans are social creatures. As social creatures, we are designed to create interpersonal relationships with others. A relationship reading explores the dynamics between two individuals, be they husband and wife, boyfriend and girlfriend, parent and child. In this lesson, students will discover how to successfully evaluate a relationship.

### **Reading The Energy Of The Hand**

The hand is said to represent the owner and symbolizes his or her life and character, where an individual's temperament, strengths, weaknesses, talents, traits, life events, skills, abilities and motivations can be assessed. In this course, students will discover the art and beauty of palm reading by learning to read the energy of the palm and hand.

### **Exploring The Past**

Many of us have experienced meeting someone for the first time, and for some unknown reason, the person seemed strangely familiar to us. Perhaps you knew them in a past life. Just about every culture has, as part of its teaching, a belief in past lives and reincarnation. Here, students will learn specific techniques for exploring their own past lives, as well as the past lives of others.

### **Professional Certification - Intuitive Counseling Professional**

Professional Certification verifies mastery of a specific set of knowledge, skills or abilities. It indicates that the individual is qualified to perform a job. In this lesson, students will have to opportunity to demonstrate their ability to work with and evaluate subtle energy in the body.

# Certified Medical Intuitive

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In the Medical Intuition Practitioner training program students will delve deeply into the physical body. They will explore how to assess and evaluate the organs, glands and tissues that make up the physical body and learn how to pinpoint specific illnesses, imbalances and pre-clinical conditions in the human body.

Students will also be calling upon the tools and techniques covered in earlier modules as they learn to identify the thoughts, beliefs, feelings and emotions that underlie health concerns. Medical Intuition is a great tool to use to help identify the deeply imprinted experiences that form the core of many physical problems and can often explain why our client's bodies resist healing.

In addition, students will have the opportunity to explore a number of alternative health modalities they can call upon and refer to as they endeavor to bring health, healing and wholeness back into their client's lives. These include topics such as diet and nutrition, anatomy and physiology, as well as herbs and nutritional supplements.

## Areas of focus include:

- Anatomy & Physiology
- The Meridians & Physical Health
- Disease and the Psyche
- Character Structures
- Uncovering Limiting Beliefs
- Working with Herbs & Supplements
- Introduction to Holistic Therapies
- Energetic Disturbances & the Disease Process
- Developing an Intuitive Vocabulary
- Kinesthetic Health Evaluations
- How to Perform a Medical Intuition Evaluation
- Psychic Healing

This course is open to anyone who has successfully completed the [Intuitive Counseling](#) training module.

This training module contains all the materials you will need to successfully complete your educational goals, including:

- 12 - Intensive Training Lessons
- 90 Page - Training Manual
- 4 - Specially Selected Text Books
- 4 - Instructional Audio and/or Video Presentations
- 1 – Souvenir Client Data Forms
- 1 - Course Outline/Assignment Checklist
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# Course Descriptions

## **Kinesthetics: Scanning The Body**

Scanning the body is a quickly and easy method, which can be used to evaluate energetic disturbances in the physical body. Here, students will learn how to use their hands to locate physical problems and intuitively identify health concerns.

## **Understanding Anatomy & Physiology**

This comprehensive course provides students with a solid core foundation of Human Anatomy and Physiology. Topics covered include: the organization of the body, cells, tissues and membranes; the nervous system; skeletal system; muscular system; cardiovascular system; respiratory system; digestive system; immune system; lymphatic system; reproductive system; urinary system; integumentary system; and the endocrine system.

## **Exploring Herbal Medicine**

Herbal medicine dates back to the earliest written documents known to man. Herbs have many powerful ingredients that if used correctly can help heal the body. By understanding the forms, actions and historical usage of herbs, students will gain an understanding of how and why herbal remedies work.

## **Introduction To Diet & Nutrition**

The interest in nutrition is constantly growing with more and more people looking to eat right in order to remain strong and healthy. With this, much confusion has developed about what a healthy diet really is. This course is designed to provide students with a holistic and comprehensive overview of concepts related to diet and nutrition .

## **Working With Herbs & Nutritional Supplements**

The popularity of alternative medicine has exploded in the past few decades. With it, vitamins, herbs and nutritional supplements have become increasingly available. In this course, students will explore a specific product line, which will provide them with a base understanding of health products that are available today.

## **The Meridians & The Physical Body**

In Chinese medicine, each of the twelve meridians is associated with a specific organ in the body. In this lesson, students will discover how to evaluate the health of these organs as they relate to meridians and meridian theory. Here, they will learn to explore the anatomy and physiology of each organ as well as uncover the underlying psycho-spiritual cause of any disorder detected .

## **Medical Intuition: Evaluating The Physical Body**

Medical Intuition refers to the ability to provide in-depth insights into the current state of health and wellness of a client. To do this, one must put on their x-ray glasses and look into the physical body and assess the function of the organs, glands and tissues. In this course, students will learn how to evaluate and pinpoint specific illnesses, imbalances and pre-clinical conditions in the human body.

## **Getting To The Core Of An Issue**

Let's face it, we all have issues. Whether it is a negative reaction to a situation in our lives or something deep within us that interferes with our ability to act and live a happy and healthy life. Here, students will discover how to dig deeply into an issue and identify the limiting belief or unresolved emotion that may underscore both health and personal issues.

## **The Energetic Patterns Of Disease**

Disease, when looked at intuitively, takes on very specific shapes and sizes in the muscles, glands and organs of the physical and energetic body. Although diseases can be classified as being similar, or under the same "umbrella", they carry very distinct energetic patterns that are instantly discernible to a keen observer. In this course, students will explore the look and feel of a number of health concerns.

## **Restoring Health: Exploring Specific Health Concerns**

When assessing health, most people have a clear idea of what is bothering them or where they want to spend their time and energy. In this lesson, students will have the chance to work with their clients and explore their specific health concerns. In addition to addressing their issues, they will also have the opportunity to offer them holistic guidance to help restore strength and vitality to all areas of their lives.

**Psychic Healing**

Similar to psychic surgery, except without all of the blood and guts associated with it, psychic healing is an energetic technique that can be used to clear issues of the physical body. Through the use of imagery and intention, students will discover simple techniques for restoring physical health.

**Coming Full Circle: Reflection & Validation**

From a very young age, we are taught how to create and implement our life goals. Goals are objectives we want to accomplish. They are clear statements of ideas or visions we want to achieve that are specific, measurable, attainable, realistic and tangible. In this course, students will discover the importance of reflection and validation as a means to come full circle.

**Professional Certification - Medical Intuition Professional**

Professional Certification verifies mastery of a specific set of knowledge, skills or abilities. It indicates that the individual is qualified to perform a job. In this lesson, students will have the opportunity to demonstrate their ability to work with and evaluate subtle energy in the body.